

Dhamma Torana
Ontario Vipassana Meditation Centre
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Park-like drive of Dhamma Torana

Dhamma Torana, meaning 'Signpost of Dhamma', lies amid 145 acres of beautiful forests and ravines in Southern Ontario, one hour north of Toronto - the Canadian capital city - in the township of Essa. Established on May 1 2003, the Centre can presently accommodate a total of around 45 students (about 24 female students).

The Dhamma hall and dining hall have capacity to seat 60. The winterized cabins can accommodate seven students. The Centre conducts around 23 courses a year, including courses for old students.