

## Ukraine and Kyrgyzstan

### Ukraine

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*Ukraine – Kiev, group sittings*

In Ukraine and Kyrgyzstan, nations that were part of the former Soviet Union, one or two strongly motivated people who were ready to do everything possible to bring Dhamma to these countries helped introduce Vipassana in the region.

In November 2004, over 76 new students attended the first course to be held in the Ukraine, at a venue about 30 minutes from the city of Kiev. Two large courses are planned for 2005 and enthusiasm is very strong, with group sittings being held in Kiev. A Vipassana Ukraine web site has also been established.

In 2004, the first Vipassana course was held in Kyrgyzstan with 23 new students. The course was conducted in English with Russian translation and was led by an assistant teacher from Nepal. A second course will be held in the latter half of 2005.

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