

Vipassana

A photograph of a wooden meditation table with a central opening, surrounded by a circular arrangement of blue and white cushions on a wooden floor. The table is made of light-colored wood and has a central circular hole. The floor is made of dark wood and is covered with a pattern of blue and white square cushions arranged in a circular pattern around the table. The word "Vipassana" is written in white serif font across the top of the image.

Inner Peace
for
World Peace





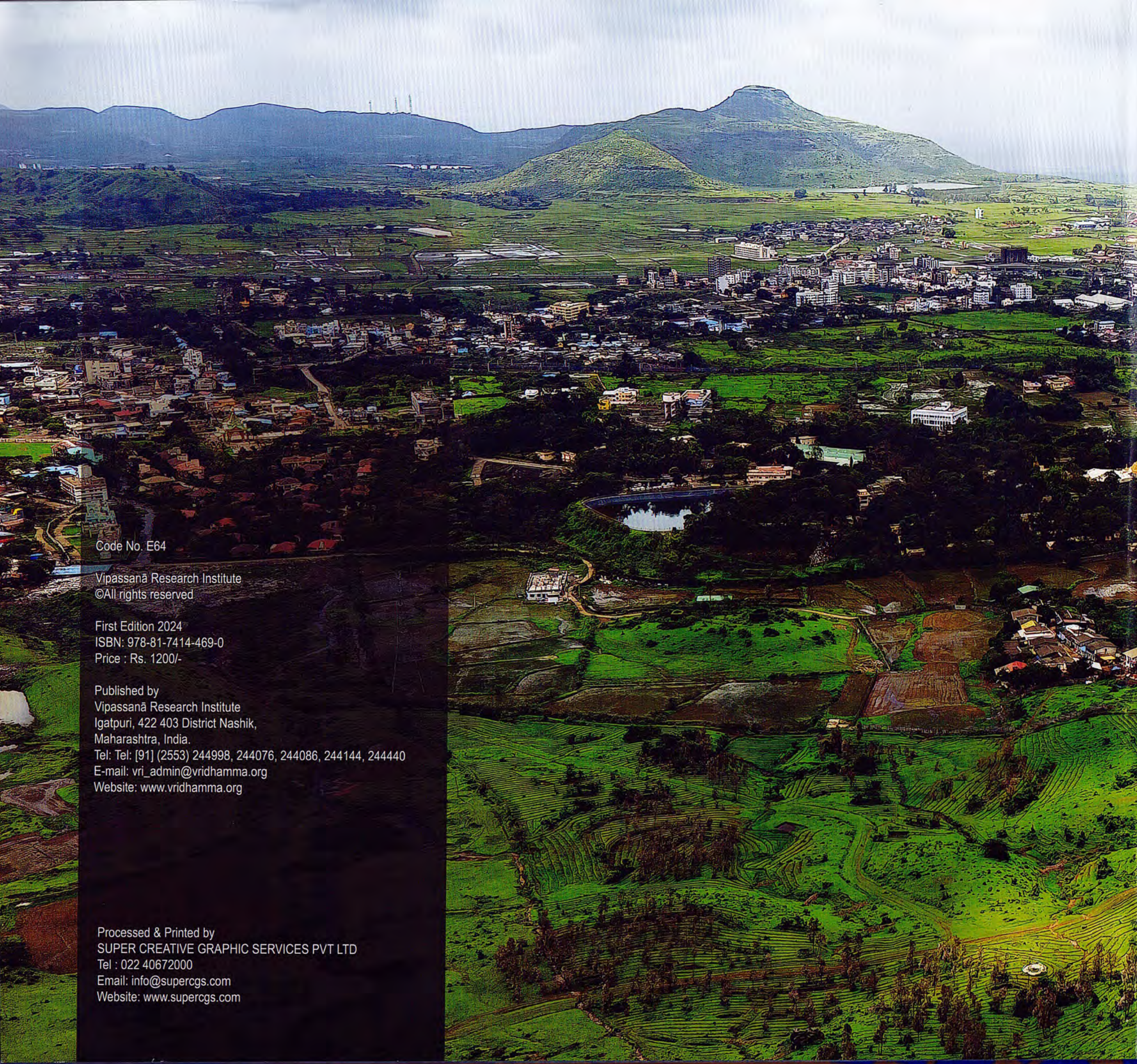
An aerial photograph of a vast, lush green valley. In the background, a range of mountains is visible, with a prominent, sharp, conical peak on the right side. The valley floor is a patchwork of green fields, some with small structures or buildings, and a few winding paths. The sky is overcast with soft, grey clouds. The overall scene is peaceful and serene.

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Tel: Tel: [91] (2553) 244998, 244076, 244086, 244144, 244440
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Website: www.vridhamma.org

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An aerial photograph of a lush green valley. The landscape is dominated by vibrant green terraced fields and a winding river. In the center, a small village with white-walled buildings and red-tiled roofs is nestled among the fields. The background shows rolling hills and a distant town with larger buildings under a clear sky.

IN VIPASSANĀ THERE IS NO CONVERSION FROM ONE ORGANIZED RELIGION TO ANOTHER ORGANIZED RELIGION. THE ONLY CONVERSION IS FROM MISERY TO HAPPINESS, FROM BONDAGE TO LIBERATION AND FROM CRUELTY TO COMPASSION !

S. N. GOENKA

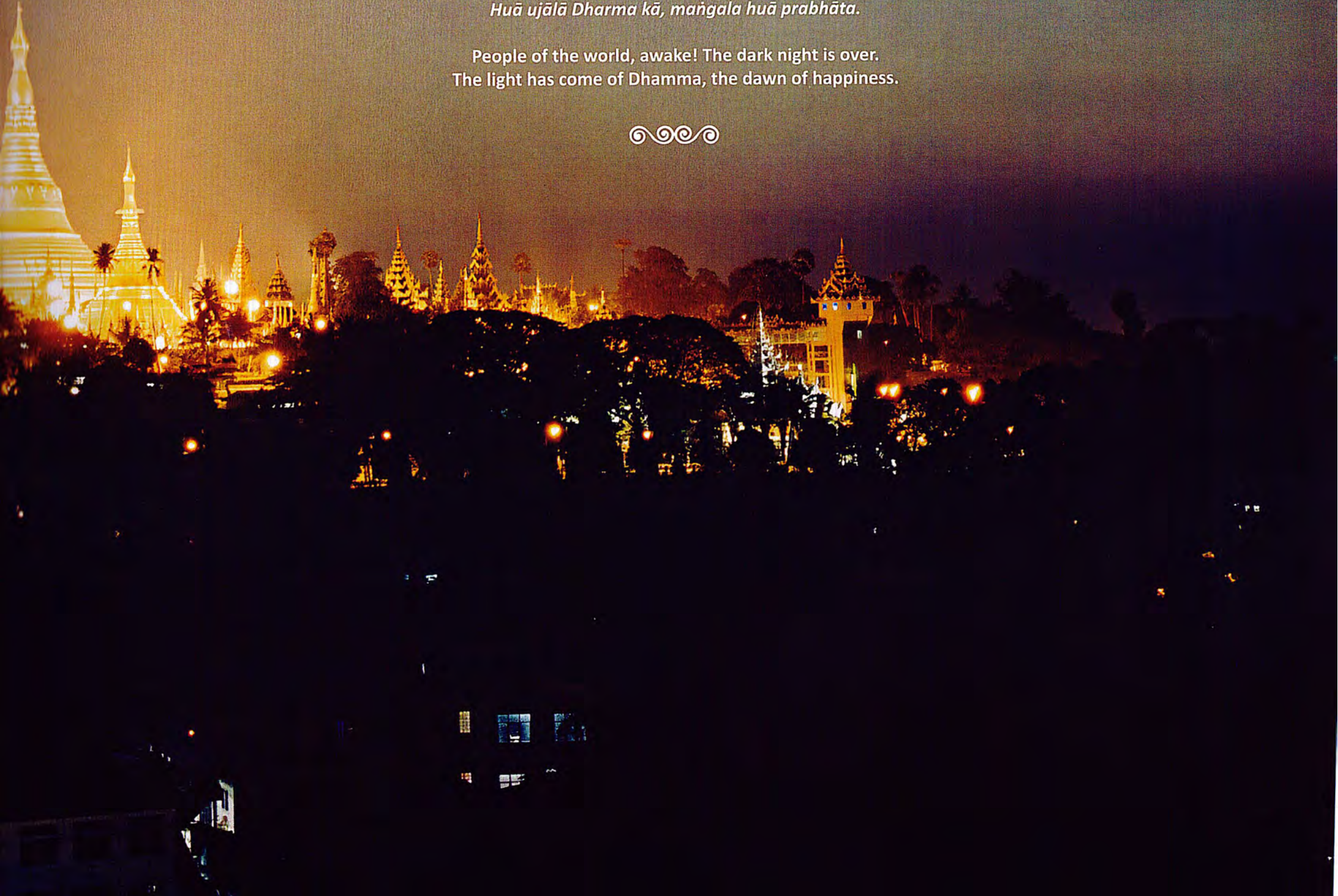




जागो लोगो जगत के, बीती काली रात ।
हुआ उजाला धर्म का, मंगल हुआ प्रभात ॥

*Jāgo logoṅ jagat ke, bītī kālī rāta;
Huā ujālā Dharma kā, maṅgala huā prabhāta.*

People of the world, awake! The dark night is over.
The light has come of Dhamma, the dawn of happiness.



INNER PEACE FOR WORLD PEACE

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