



Mahāsatipaṭṭhāna Sutta

Vipassana Research Institute

Mahāsatipatṭhāna Sutta

The Great Discourse on the Establishing of Awareness

*This is a revised edition of the text
in Roman-script Pāli with translation into English
for the use of participants in a meditation course on the
Satipatṭhāna Sutta as taught by S.N.Goenka.*



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*Vedanānaṃ samudayaṃ ca atthaṅgamaṃ ca assādaṃ
ca ādīnavaṃ ca nissaranaṃ ca yathābhūtaṃ veditvā
anupādāvimutto, bhikkhave, tathāgato.*

Dīgha-nikāya I. 36, Brahmajāla Sutta

Having experienced as they really are, the arising of sensations, their passing away, the relishing of them, the danger in them and the release from them, the Enlightened One, monks, is fully liberated, being free from all attachment.



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